

Monthly News – August 2012

Department of Psychiatry

August 20, 2012 Volume 6, Number 8

Walk for Mental Health Awareness:

NAMI walk Saturday 9/22/12

Each year NAMI of greater Cleveland hosts a walk to help fundraise and increase mental health awareness. Let's have a great turnout and the best fundraising year ever! Please show your support, spread the word, fundraise, and join our team.

Location: Voinovich Park behind the Rock and Roll Hall of Fame Cleveland, OH

Date: September 22, 2012

Distance: 2.5 MI

Check-in: 9:00 am

Start Time: 10:00 am

To join the team, go to the following website and register under our team name 'UH Case Medical Center':

<https://securewalks.nami.org/register/LoginRegister.aspx?EventID=93059&LangPref=en-CA&Referrer=http%3a%2f%2fnamiwalks.org%2fcontent%2fhome>

Click on Register to walk, click on the waiver, then click on 'register' then 'join a team'. Registration is free. Participants who raise \$100 will receive a NAMI t-shirt. If you are interested in purchasing our team t-shirt, please contact Almeria Decker for further details (almeria.decker@uhhospitals.org).

Into the Light Walk Sunday 9/30/12

This walk is a fundraising event for the **Suicide Prevention Education Alliance (SPEA)** sponsored by University Hospitals.

Location: Cleveland Metroparks Zoo

Date: September 30, 2012

Check-in: 6:00pm

End time: 8:30pm

To join the team (to walk the day of the event or to be a 'virtual walker'), go to intothelightwalk.org, click on "Join a team" and search "University Hospitals Psychiatry Residents". The cost of registration is \$20 per person. Participants who raise \$100 will receive a Lifesaver t-shirt at the walk.

Please contact Almeria Decker for any questions: (almeria.decker@uhhospitals.org).

Opiates Conference – September 28, 2012:

The Opiate Epidemic Across the Lifespan: Impact and Interventions is a one-day conference that will explore the misuse of prescription medication as a public health issue.

Date: Friday, September 28, 2012

Location: Embassy Suites, 5800 Rockside Woods Boulevard Independence, Ohio 44131

Time: 8:00 a.m. -4:00 p.m.

Conference Cost: \$75 per person

The event will examine how service systems and organizations can create a population-based approach to this epidemic, including an increase in public awareness and prevention strategies. Keynote presenters include **Dr. Ted Parran** of CWRU School of Medicine; Orman Hall, Director the Ohio Department of Alcohol and Drug Addiction Services; and Aaron Haslam, Ohio Attorney General's Co-Coordinator Special Prosecutor Prescription Drug Cases.

Dr. Chris Delos Reyes, Chief Clinical Officer Cuyahoga County ADAMHS Board and **Dr. William Annable**, Chief Quality Officer & Director UH Quality Institute, University Hospitals will present at one of the afternoon breakout sessions on "Hospital Initiatives On Addressing the Epidemic"

CEU's are available for social workers, nurses and counselors and registered sanitarians and Law credits for Pharmacists. The event is sponsored by the Cuyahoga County Board of Health and the ADAMHS Board of Cuyahoga County.

For more information, or to register, contact Marlene Skovenski at 216-201-2001 ext. 1255 or via email: mskovenski@ccbh.net

Congratulations:



Congratulations to **Nikki D'Arcangelo** of the Mood Disorders Program and her husband Mark on the birth of their second daughter, Olive Grace, who arrived in the wee hours of the morning on July 24th.



Congratulations to Dr. Aaron Ellington and his wife Tamika on the birth of their son, Maxwell Elijah Ellington. Maxwell was born on August 16th at 9:56 a.m. at 8 pounds 7 ounces and 20.5”.

Grand Rounds:

August 24th

Speaker: Keming Gao, M.D.

Topic: Electroconvulsive Therapy: Basic and Practical Update

August 31st:

**NO GRAND ROUNDS
DEPARTMENT MEETING**

September 7th:

Speaker: Diana Le, MT-BC

Topic: Music Therapy in a Mood Disorders Intensive Outpatient Program

September 14th:

Speaker: David M. Katz, Ph.D.

Topic: Neural Circuit Dysfunction and Repair in Autism Spectrum Disorders: Focus on Rett Syndrome

September 21st:

Speaker: Mark Lovinger, Ph.D.

Topic: Custody Evaluations

September 28th:

Speaker: Jeffrey A. Lieberman, M.D.

Topic: Prevention of Schizophrenia through Early Intervention: Feasible or Fantasy?

Presentations and Publications:

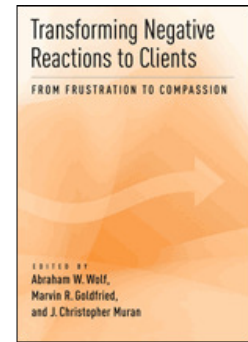
Susan Hatters Friedman, M.D., and Chris Kenedi, MD, MPH presented "Risk Assessment for Child Murder by Parents" at the Association of Threat Assessment Professionals' 22nd Annual Threat Management Conference August 14-17, 2012 at Disneyland Hotel, Anaheim, CA.

Stephen Noffsinger, M.D., spoke to the Summit County Prosecutor's Office on 8/10/12 on Stalking Risk Assessment.

Krentzman, A.R., **Pagano, M.E.**, Bradley, J.C, Battle, D., Andrade, F.H., Delva, J., & Robinson, E.A.R. (2012). ["The Role of Religiousness on Substance-Use Disorder Treatment Outcomes: A Comparison between Black and White Adolescents."](#) *Journal of the Society for Social Work and Research* 3, 104-128.

Phillip Resnick, M.D., spoke to the Texas Behavioral Health Institute on 7/20/12 in Austin, TX on the Insanity Defense.

Transforming Negative Reactions to Clients: From Frustration to Compassion Edited by **Abraham W. Wolf, PhD**; Marvin R. Goldfried, PhD; and J. Christopher Muran, PhD; published by The American Psychological Association.



Research:

University Hospitals is now conducting a research study of an investigational medication for Generalized Anxiety, Separation Anxiety and Social Phobia. Participants must be between the ages of 6 and 17 years. Children with these disorders may have an excessive fear of being alone, refuse to school, avoid social situations, or have difficulty sleeping. If eligible for this study, participants may receive mental health assessments, investigational medication and close follow up with a doctor who specializes in pediatric mental health at no cost. For more information, please call 216-844-3922.

Research Study

This is a twelve week study for adults 18 and older with bipolar disorder. This is a randomized, controlled trial (RCT) of the customized adherence enhancement (CAE) psychosocial intervention vs. broadly-directed, non-individualized education (EDU) in poorly adherent individuals with bipolar disorder (BD). The study is primarily interested in testing whether a (CAE) intervention that addresses the specific reasons for non-adherence among high-risk patients with BD improves treatment adherence and bipolar disorder symptoms compared to EDU. CAE is intended to be a brief adjunct to standard mental health treatment.

To participate, individuals

MUST:

1. Have type I or type II bipolar disorder diagnosis for at least 2 years;
2. Have received treatment with at least one evidence-based medication to stabilize mood for at least six months (lithium, anticonvulsant, or antipsychotic mood stabilizer);
3. Be at least 20% or more non-adherent with current BD medication treatment (i.e. lithium, anticonvulsant, or antipsychotic mood stabilizer);
4. Be able to provide written, informed consent to study participation.

To participate, individuals may

NOT:

1. Be unable or unwilling to participate in psychiatric interviews. This will include individuals, who may be too psychotic to participate in interviews/rating scales
2. Be unable or unwilling to give written, informed consent to study participation
3. Be children under the age of 18
4. Be a high risk of harm to self or others

For more information or to refer a patient contact Tiffany Williams at 216-844-2835 or Effectiveness.Research@UHhospitals.org

Research Study

This is a study for older adults (\geq 60 years) with type I Bipolar Disorder who are currently sub-optimally responsive to their prescribed BD treatments will receive 12 weeks of open-label Asenapine. Each study subject will serve as their own baseline control and mood symptoms will be assessed using standardized measures during the 12 weeks of Asenapine therapy. The primary outcome is change from baseline in bipolar mood symptom scores (mania and depression). Secondary outcomes include functional and

general health status, global psychopathology, side effects, and extrapyramidal symptoms.

To participate, individuals must:

- 1.) Type I Bipolar disorder
- 2.) Age 60 or older
- 3.) Sub-optimal response to current psychotropic management including:
 - a. Behaviors and symptoms of irritability, agitation, mood lability or diminished ability to interact with others in their place of residence
 - b. Diminished ability to take care of basic personal needs in their place of residence due to symptoms of BD

To participate, individuals may

NOT have:

- 1.) History of intolerance or resistance to asenapine
- 2.) Clinical diagnosis of dementia or Mini-mental state (MMSE) $<$ 24
- 3.) History of TIA, stroke or MI within the past 12 months
- 4.) Medical illness that is the clear, underlying etiology of BD
- 5.) Unstable medical illness or condition including prolonged QT interval
- 6.) Substance dependence (except nicotine or caffeine) within the past 3 months.
- 7.) Rapid cycling BD defined as 4 or more discrete mood episodes within the previous 12 months.
- 8.) At high risk for self-harm or suicide

For more information or to refer a patient contact Edna Fuentes-Casiano at 216-844-2104 or Effectiveness.Research@UHhospitals.org

Save the Date:

DEPARTMENT OF PSYCHIATRY SUMMER

PICNIC -- Faculty, Staff, Residents, Families welcome.....

Date: Sunday, September 30, 2012

Location: Squire Valleevue Farm, Picnic Area 3

Time: 3:30 – 7:00 p.m.

Hamburgers, hot dogs, soft drinks provided: Please bring a dessert or side-dish to share.

Please R.S.V.P. to Cindy Glenn at:

Cynthia.Glenn@uhhospitals.org

Center for Evidence-Based Practices, Conference 2012

Dates: **Oct 22 & 23, 2012**

Location: Cleveland Airport Marriott; Cleveland, OH.

CEUs: Up to 10.5 CEUs, also Supervision & Ethics credits.

Cost for Ohio providers: \$200/ \$125

Cost for Non-Ohio providers: \$300/ \$225

Learn More & Register Online:

<http://www.centerforebp.case.edu/events/conference-2012>

Correction:

In the July 2012 newsletter, it was announced that Drs. Christina Delos Reyes and Keming Gao were promoted to **Assistant** Professor. They were promoted to **Associate** Professor.

Contact:

Published by University Hospitals Dept. of Psychiatry

DEADLINE FOR NEXT

ISSUE: Friday, 09/14/2012

CONTACT: Kate Kilbane

Phone: 216-844-3658

kate.kilbane@uhhospitals.org