

Monthly News – September/October

Department of Psychiatry

October 6, 2014 Volume 4, Number 9/10

General News:

Heartland Behavioral Healthcare in Massillon will present its 2nd annual regional conference: “Opposition or Opportunity: Court-Ordered Outpatient Treatment” on **Wednesday, October 15th**. For more information, contact Brenda Walker of the Ohio Department of Mental Health at (330) 833-3135 ext. 1212.

Dr. Molly McVoy was interviewed for an article in the APA’s Clinical and Research News regarding a new NIMH study supporting the shift from *DSM-IV* to *DSM-5* regarding the age-of-onset criterion for ADHD:

<http://psychnews.psychiatryonline.org/newsarticle.aspx?articleid=1898296>

Awards and Recognition:

Brian S. Appleby, M.D., Associate Professor, Department of Neurology and Psychiatry received the 2014 Creutzfeldt-Jakob Disease Foundation Award

Comings and Goings:

Dr. Sarah Lytle, recent graduate of the Child and Adolescent Psychiatry Fellowship, joined the faculty of the Child and Adolescent Psychiatry Division on 8/1/14.

Congratulations:

To: **Judy Carlin, RN-BC**, on her promotion from Clinical Nurse, to Assistant Nurse Manager, Child & Adolescent Psychiatry Unit. Judy has been employed at UHMC since June 2007 where she worked as a direct care RN at Hanna Pavilion, Adult Unit. In March of 2008, Judy transferred to The Child & Adolescent Psychiatry Unit. Judy assisted to develop unit specific policies, procedures, and the programming for the unit. She was integral in the achievement of a smooth transition for a new unit and its staff. During her tenure on the CAPU, Judy has achieved her BSN from Ohio University in 2011 and ANCC Certification in Mental Health Nursing in 2012. Judy was selected for the Nursing Clinical Excellence Award / Psychiatric Nursing in May, 2012. In her new role, she will assist in supervision and assure quality outcomes for patients receiving care on the CAPU.



To: **Kathy Martin-Hughes**, Patient Coordinator, and her

husband, Reggie Hughes, on the adoption of their daughter, Cassidy Ty-Esha Bey Hughes on September 18, 2014.



To: **Rajeet Shrestha, M.D.** (UH Richmond Adult Psychiatry Unit) and **Priya Shrestha, M.D.** (Child and Adolescent Psychiatry Fellow) on the birth of their daughter, Ananyaa Priyakshi Shrestha. She was born on September 5, 2014 at 10:41 PM measuring 6 lbs and 18.9".

To: **UH Psychiatry Resident NAMI Walks Team**. Their fundraising goal was \$1500 and the team raised \$4,628, making the UH Team the 2nd highest in fundraising for the event.

Grand Rounds:

October 10th:

Speaker: Joseph Calabrese, M.D., Ph.D.

Topic: Vincent Van Gogh: A Medical History of Bipolar Disorder and Suicide

October 17th:

****Rocco L. Motto Lecture***

Speaker: Timothy E. Wilens, M.D.

Topic: Behavioral Health in Transitioning Adolescents and Adults: Where it is Happening

October 24th:

****Miriam Rosenthal Lecture***

Speaker: Sarah Nagle Yang, M.D.

Topic: Motherhood and Trauma

October 31st:

Speaker: David J. Robinson, M.D.

Topic: Diabetes from a Mental Health Perspective

****Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113***

Presentations and Publications:

Appleby BS, Rincon-Beardsley TD, Appleby KK, Crain BJ, Wallin MT. Initial Diagnoses of Patients Ultimately Diagnosed with Prion Disease. *Journal of Alzheimer's Disease* [In Press]

Delos-Reyes, C.M., Lewis, C., & Pagano, M.E. (2014). Prescription drug misuse among adolescents court-referred to treatment. *ACER*, 37, 303A.

Pagano, M.E., Swaringen, S.E., & Frank, S.H. (2014). Low other-regard and adolescent addiction. *ACER*, 37, 300A.

Research Studies:

The Discovery and Wellness Center at University Hospitals Case Medical Center is currently enrolling children and adolescents ages 7-17 for participation in a research study for depression. Some symptoms of depression may include irritability, feeling of worthlessness and loss of interest in activities. Symptoms must occur for a minimum of one month prior to screening. If eligible, patients may

receive a study-related clinical evaluation, medical tests, and the study drug or placebo from a doctor who specializes in pediatric mental illness. The investigational drug has not yet been approved for the condition under the study. Duration of the study can last up to 17 weeks. For more information, contact Becky Weintraub at 216-844-3922 or via email at:

Becky.weintraub@uhhospitals.org

CAL-Concierge Research Study:

Do you have patients with schizophrenia or schizoaffective disorder who occasionally miss a dose of their medication and have been homeless in the past year?

Dr. Sajatovic's research group is currently conducting a study evaluating a psychoeducational intervention plus long-acting injectable antipsychotic medication, in recently/currently homeless individuals with schizophrenia or schizoaffective disorder who are known to have on-going difficulties with treatment non-adherence. Study staff will also work directly with the participant's mental health provider in the community to ensure *treatment is continued after the study*.

The study is interested in analyzing how the combined approach affects treatment adherence behaviors/attitudes and homelessness. It is expected that the combination will improve adherence and reduce/prevent future homelessness.

Participants must be:

- Age 18 or older with **schizophrenia or schizoaffective disorder**
- Currently or **recently homeless** (within the past 12 months) according to the current federal definition (HEARTH Act of 2009);
- Known to **miss taking medication doses** (missing 2 or more doses in the last week or 6 or more doses in the last month).

If you would like more information about the study or would like to make a referral, please contact (or have your patients contact):

Kouri Akagi

Phone: 216-844-2835 or via

Email at:

Kouri.Akagi@uhhospitals.org

Do you have any patients who have Bipolar Disorder and have trouble taking all of their bipolar medication?

To participate, individuals must:

1. Have type I or type II bipolar disorder diagnosis for at least 2 years;
2. Have received treatment with at least one evidence-based medication to stabilize mood for at least six months (lithium, anticonvulsant, or antipsychotic mood stabilizer);
3. Be at least 20% or more non-adherent with current BD medication treatment (i.e. lithium, anticonvulsant, or antipsychotic mood stabilizer);

To participate, individuals may NOT:

1. Be children under the age of 18

This is a randomized, controlled trial (RCT) of the **Customized Adherence Enhancement (CAE) psychosocial intervention** (created by Martha Sajatovic MD and Jennifer Levin PhD) vs. broadly-directed, non-individualized education (EDU) in **poorly adherent individuals with bipolar disorder (BD)**. The study is primarily interested in testing whether a (CAE) intervention that addresses the specific reasons for non-adherence among high-risk patients with BD improves treatment adherence and bipolar disorder symptoms compared to EDU. CAE is intended to be a brief adjunct to standard mental health treatment. The proposed project has the potential to greatly advance the care of BD patients who are at greatest risk for poor

health outcomes, with findings expected to be generalizable across a variety of treatment settings. *All individuals will continue to receive treatment as usual with their regular provider(s).*

For more information or to refer a patient contact Kouri Akagi at 216-844-2835 or Kouri.Akagi@UHHospitals.org

Contact:

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DEADLINE FOR NEXT ISSUE: Friday, November 14, 2014

CONTACT: Kate Kilbane
Phone: 216-844-3658
kate.kilbane@uhhospitals.org

Save the Date:

Tuesday, October 21, 2014

Clinical Faculty Meeting

Cleveland Racquet Club,
29825 Chagrin Boulevard,
Pepper Pike, Ohio
Dinner will be preceded by a cash bar at 6:30 p.m.

In order to assure sufficient space and meals, **we request that you RSVP** to Miriam Plax at (216)983-3205 or by email (preferred) at miriam.plax@uhhospitals.org no later than Wednesday October 15th.

November 8, 2014

The Role of the Prescriber in Prescription Drug Abuse

7:30 a.m. - 12:30 p.m.
6100 Oak Tree Blvd.
Independence, OH 4413
Lower Level Meeting Room
Dr. Christina Delos Reyes will present on "Facing the Opiate Epidemic: How We Got Here and What We Need to Do Next."
To register: call 216-520-1000 or via website at www.amcno.org

March 27- 28, 2015

12th All-Ohio Institute on Community Psychiatry

This year's conference is titled: "Integrating Care: Preparing Your Workforce for the Future." For more information and registration go to:
<http://cmetracker.net/CASECME/Files/Brochures/167946.pdf>