PGY-2 residents Dr. Awais Aftab (Chief Curator) and Dr. Sam Latorre (Co-Curator) and PGY-4 Child and Adolescent Psychiatry Fellow Dr. Erum Ahmad (Co-Curator) have created a monthly newsletter with updates of recent research and publications from major educational journals. Featured journals include the American Journal of Psychiatry, AJP-Resident's Journal, JAMA Psychiatry, Lancet Psychiatry, Journal of the American Academy of Child & Adolescent Psychiatry, and Current Psychiatry. Look for the Department of Psychiatry Research Watch to arrive in your Outlook inboxes on a monthly basis. For any questions or comments, please contact: muhammad.aftab@uhhospitals.org.

Research Watch has been picked up and featured by the Ohio Psychiatric Physicians Association (OPPA), and all issues are now available on their website: http://www.ohiopsychiatry.org/aws/OPPA/pt/sp/resident_fellowmembers

This is a proud moment for the psychiatry residents (and fellows) of University Hospitals, and the curators of Research Watch in particular. A special nod to Dr. Erum Ahmad for her liaison work with the OPPA in this regard. Let us continue with this initiative and energy!

Research Watch is now accepting submissions of critical commentary pieces (about 400-500 words; up to 5 references) by residents & fellows (open to all residency/fellowship programs) in which authors can critically discuss recently published studies. Please contact Chief Curator Awais Aftab at muhammad.aftab@uhhospitals.org with submissions. He will serve as editor for these commentary pieces, with Dr Keming Gao (Associate Professor, Psychiatry, CWRU School of Medicine) serving as faculty advisor.

John J. Adamo, MSN, CNS-BC
Division of Child and Adolescent Psychiatry

Inspired by a young man whose care he was involved in, John Adamo had a big idea to help encourage bicycle riders to wear helmets. The young man suffered a closed head injury and subsequently died of his injuries. Many years later, John participated in an idea submission program while working for The Cleveland Clinic Foundation, which led to the development of his helmet cover depicting the brain and areas of function.

John has developed a website: www.braingear.org, which sells the helmet covers. John’s goal is to reach a broader national and international audience in an effort to raise money in support of neurological and psychiatric research and education. Most importantly he hopes to continue his crusade that began many years ago – teaching about simple ways we can prevent traumatic brain injuries.

Anniverseries:

Juanita Anderson, Senior Encounter management Representative, celebrated 45 years of service with University Hospitals, with 20+ years in the Department of Psychiatry. Juanita’s service anniversary was celebrated on November 11th and she officially retired on Friday, November 13th.
Juanita Anderson

Fran Geraci, Team Lead, Patient Access, celebrated 30 years of service in the Department of Psychiatry. A surprise potluck, complete with faux “Guns N Roses” band was held in the Division of Child and Adolescent Psychiatry.

Dr. Ronis and Fran Geraci

Appointees range from activists, preachers and teachers, to the head of the Cleveland patrolmen’s union and a longtime politician. The appointees were announced in a swearing-in ceremony held in the City Hall rotunda on September 8th. The commission will make policy recommendations to the police chief on policies and practices that can help strengthen relations between officers and the communities they protect. It will also consider recommendations from the public and make reports to the city and community about changes in practices and policies. All of the commission members are to serve four-year terms.

Comings and Goings:

Welcome to:
- Ashely Braun-Gabelman, Ph.D. Addiction Recovery Services
- Chelsea Dengate – PAR 2
- Michel Farivar, M.D. Highland Springs
- Gunnur Karakurt Ph.D. Mood Disorders
- Peter Klein – RA II
- Clare Mitchell Ph.D. Adult/CL/Transplant
- Stephanie Pope, M.D. Child and Adolescent Psychiatry
- Robert (Jess) Rowney, D.O. Highland Springs
- Mayur Pandya, D.O. Highland Springs
- Amy Scribben, CNP Child and Adolescent Psychiatry
- Sara Stein, M.D. UH Parma Hospital

Sarah Taucher – PAR 1
Ashley Wheadow – PAR 2
Sarah Zryl, Ph.D. Psychology Postdoctoral – Adult

EPAT:
- Tessa Heung, SW 2
- Jessica Rockwell, SW 2
- Deana Davis, SW 2 (PRN)
- Ralanna Toland, SW 2 (PRN)

Geriatric Psychiatry Unit
Ukebry Bates, Division Secretary

John Wooten, Mental Health Worker
Paula Morales, Registered Nurse

Adult Inpatient Unit
- Gina Bride, RN Clinical Nurse
- Camille Holmes, RN Clinical Nurse
- Faustina Bello-Ogunu, RN Clinical Nurse
- Kathryn Hunter, RN Staff Nurse
- Leslie Hillsman, Mental Health Worker

Congratulations:

Dr. Kathleen Cerny, on her promotion Residency Training Director, effective September 1st

Karen A. Federspiel, DNP, MS, RN-BC, GCNS-BC, successfully defended her dissertation: “Examining an Ambiguous Loss Intervention for Families of Patients Diagnosed with Dementia: A Pilot Study” and completed her Doctor of Nursing Practice degree.

Robert W. Goldberg, Ph.D., Clinical Professor and Director of Psychology Training at the Cleveland VA, is the recipient of the 2015 Antonette and Robert Zeiss Award, the highest honor of the VA

Awards and Recognition:

Dr. Kathleen Clegg, director of community and public psychiatry and the public academic liaison
Psychology Training Council, the membership group of VA psychology training directors. With Kevin Young, Ph.D., Cleveland VA psychologist, he has published “Oral Case Examinations for Assessing Intern Competence,” reporting this innovative evaluation method, in the August 2015 issue of Training and Education in Professional Psychology.

Shawna Gudalis on her promotion from Advance Practice RN I to APRN II

Dr. Edward Kilbane on his new role as Director of Psychiatric Emergency Services

Dr. Sarah Nagle-Yang, on her promotion to Associate Training Director, effective October 1st

Dr. Stephanie Pope-Abramowitz, her husband Mark, and big-brother Benjamin, on the birth of Vivian Elizabeth, born on November 25th at 3:31 p.m. at 8 lbs., 11 oz and 21.75”.

Dr. Susan Stagno, on her promotion to the new role of Director of Education, as well as on her promotion to Professor of Psychiatry and appointment to the Sihler Professor Chair.

Patrice Walker on her promotion from Geriatric Psychiatry Unit Assistant Nurse Manager to Geriatric Psychiatry Unit Head Nurse Manager

Drs. Marianne Jhee and Solomon Zaraa, are proud parents of the newest member of their family Katherine Mina Zaraa! Katherine was born in Macdonald House at 6:02am on 9/19/2015, weighing 7 pounds 14 ounces, and 21 inches long.

In addition, Dr. Solomon Zaraa passed his board certification exam for Child and Adolescent Psychiatry.

Endowed Lectures
September – December 2015:

September 11th:
Douglas Danford Bond Lecture
Speaker: Thomas Bond, M.D.
Topic: A Century in Psychiatry: A Personal View

September 25th:
Ellen & Irving Rothchild Lecture
Speaker: Henry A. Nasrallah, M.D.
Topic: Advances in the Neurobiology and Psychopharmacology of Schizophrenia

October 9th:
Rocco L. Motto Lecture
Speaker: Alberto Costa, M.D., Ph.D.
Topic: The Glutamatergic Hypothesis for Down Syndrome: A Translational Journey

November 6th:
Maryellen S. Davis Lecture
Speaker: Max Wiznitzer, M.D.
Topic: The Borderland of Psychiatry and Neurology

December 11th:
Sihler Professor Lecture
Speaker: Susan Stagno, M.D.
Topic: Listening to Stories: Making Meaning

Presentations and Publications:


Drs. Jaina Amin, Neal Goldenberg, Mary Gabriel and Sarah Nagle-Yang presented a symposium at the APA Institute on Psychiatric Services (IPS) in October entitled: A Tale of Three Clinics: Integrating Psychiatry into Academic Teaching Clinics.
Dr. Neal Goldenberg was also a panel presenter at IPS for a session geared towards trainees entitled "Engaging in work with homeless individuals: A rotation or a career?"

Dr. Gregory Bredow was a resident moderator for a 3-hour symposium on "Intimate Partner Violence: Bridging the Gap Between IPV and Mental Health Services". Drs. Bredow, Dr. DeMott, and Mansour, and Dr. Goldenberg also participated in the residency recruitment fair at the conference.

Dr. John Hertzer presented a noon-time seminar on ADHD for the Employee Assistance Program on September 9th in Kulas Auditorium. The seminar focused on diagnostic criteria, treatment options, and the consequences of untreated ADHD.

Dr. Hertzer also contributed an article on Bipolar Disorder in Youths for the first edition of LiveSpecial.com, a resource guide for families that care for individuals with special needs, published by Northeast Ohio Parent Magazine and Mitchell Media LLC.

Dr. Richard B. Corradi's paper "The Psychodynamics of Borderline Psychopathology" appears in the Summer 2015 issue (Volume 79, Number 3) of The Bulletin of the Menninger Clinic.

Dr. Corradi's article "Transgender Delusion" appears in the October 2015 issue of First Things.

Dr. Hertzer also contributed to the Fall 2015 issue of under the Rainbow on how to help teens work through problems.

Drs. Jeanne Lackamp, Vicki Kijewski and former resident, Zafar Zaidi presented at the Academy of Psychosomatic Medicine Annual Meeting in November. Their presentation topic was: "Doc to

Doc: Maximizing the Impact of Consultation Documentation."

Lithium in the Acute Treatment of Bipolar I Disorder: A Double-Blind, Placebo-Controlled Study; Robert L. Findling, Adelaide Robb, Nora K. McNamara, Mani N. Pavuluri, Vivian Kafanatis, Russell Scheffer, Jean A. Frazier, Moira Rynn, Melissa DelBello, Robert A. Kowatch, Brieana M. Rowles, Jacqui Lingler, Karen Martz, Ravinder Anand, Traci E. Clemons, Perdita Taylor-Zapata; Pediatrics, October 2015

Drs. Chris Bedosky and Molly McVoy participated in the OCD-Midwest Foundation’s presentation and workshops on Effective Treatment of Obsessive Compulsive Disorder on Friday, October 16, 2015 at the Cleveland Racquet Club.


Pheister M, Stagno S, Cotes R, Prabakhar D, Mahr F, Crowell A, Schwartz A. Simulated patients and scenarios to assess and teach psychiatry residents. Accepted for publication to Academic Psychiatry.

Research Studies:

University Hospitals Case Medical Center is currently conducting a research study for males between the ages of 18-45 with Autism Spectrum Disorder. The purpose of this study is to evaluate efficacy of an investigational medication compared with placebo in treating social communication deficits. Participants must have a caregiver who can oversee compliance and participation for the duration of the study. For more information, please call 216-844-3922.

University Hospitals Case Medical Center is currently enrolling children between the ages of 10-17 for a bipolar I disorder research trial. Children with bipolar disorder may be experiencing unpredictable mood swings, a decreased need for sleep, irritability and racing thoughts. Eligible
participants may receive study related mental health assessments, physical exams, and investigational medication or placebo at no cost. For more information, please call 216-844-3922.

Contact:

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