

Monthly News – January/February 2014

Department of Psychiatry

February 3, 2014 Volume 1, Number 1/2

Awards and Recognition:

Dr. Kathleen Clegg was appointed as Medical Director of Recovery Resources effective February 1, 2014.

Dr. Farah Munir was appointed as Chief Wellness Officer effective January 1, 2014 at the Free Medical Clinic of Greater Cleveland.

Dr. Susan Stagno was selected as the recipient of the **2104 APA Irma Bland Award** for Excellence in Teaching Residents. The award is in recognition of the “outstanding and sustaining contributions” Dr. Stagno has made as a faculty member of University Hospitals Case Medical Center.

Congratulations:

To: **Dee Baker**, Clinical Nurse Manager of the Child and Adolescent Psychiatry Unit on her recent Board Certification in Psychiatric Mental Health Nursing.

Congratulations to PGY-4 Child and Adolescent Psychiatry Fellow, **Nick Eilbeck**, his wife Rachael O’Brien and big brother Benjamin and big sister Evelyn on the birth of Oliver Koeppen Eilbeck. Oliver was born on January 8th at 3:40 p.m., weight: 8lbs 7oz, length: 20.5 inches.

Grand Rounds:

February 7th:

Speaker: Thomas P. Swales, Ph.D.

Topic: Measuring Meaningful Change in Psychiatry

***February 14th:**

Speaker: Stephen B. Levine, M.D.

Topic: It’s Subtle: But Love is Integral to Psychiatry

February 21st:

Speaker: Dimitrios Tsatiris

Topic: The Suicide Risk Assessment: What is the Standard of Care?

February 28th:

**DEPARTMENT MEETING
NO GRAND ROUNDS**

****Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113***

Presentations and Publications:

Dr. Christina Delos Reyes and Judge Michael Astrab presented a panel discussion on Ohio’s Heroin Epidemic at the City Club on Friday January 31 at noon.

Stephen Noffsinger M.D. presented a Legal Update lecture on mental health case law at the 2013 Mental Health & Addiction Conference presented by the Ohio

Association of County Behavioral Health Authorities in Columbus on December 16, 2013.

Lee, Matthew T. and Pagano, Maria E. 2014. “Spirituality in Teens: Promoting Sobriety and Improving Mental Health.” Counselor Magazine, Jan-Feb.

Pagano, Maria E. and Matthew T. Lee. Radio Interview, WKSU, January 20, 2014 on “The Role of Service in Addiction Recovery.”

Lee, Matthew T. Radio Interview, KCSN, November 18, 2013 on “The Role of Service in Addiction Recovery.”

Dr. Phillip Resnick will present a workshop on the Insanity Defense to the Wisconsin Psychological Association on Feb 7, 2014 in Madison.

Research Studies:

Discovery and Wellness Center Autism Study: Help us learn about Autism and possible treatments by joining our clinical research study.

You may be able to take part in this study if you:

- Are a man aged 18-45 years with a diagnosis of autism spectrum disorder
- Speak and read English
- Have a caregiver willing to help

you complete study activities and answer questions from clinical staff

The VANILLA study will measure the effects of an investigational drug on social behavior, communication and safety.

To learn more about this study, contact Rebecca Weintraub at 216-844-3922 or via email at: DWCC@uhhospitals.org

The Discovery and Wellness Center for Children at University Hospitals Case Medical Center is currently enrolling children and adolescents ages 7-17 for participation in a research study for depression. Some symptoms of depression may include irritability, feeling of worthlessness and loss of interest in activities. Symptoms must occur for a minimum of one month prior to screening. If eligible, patients may receive a study related clinical evaluation, medical tests, and the study drug or a placebo from a doctor who specializes in pediatric mental illness. The investigational drug has not yet been approved for the condition under the study. Duration of the study can last up to 17 weeks. For more information, please contact Becky Weintraub at 216-844-3922.

Systematic Genetic Analysis of Phenomenology and Treatment Response in Mood Disorders

PI: Jinbo Fan, PhD.

Gender & Age: Women & Men, at least 7 years of age

Diagnosis: Bipolar Disorder (type I, II or NOS) or Major Depressive Disorder

Study Details: This is a onetime blood draw to collect genetic material for future analysis on the genetics and treatment response of those with mood disorders. This study is only open to those receiving care within The Department of Psychiatry.

Contact: Nikki D'Arcangelo at 216-286-6541 or via email at: Nicole.DArcangelo@UHHospitals.org

CAE RCT Study

Do you have any patients who have Bipolar Disorder and have trouble taking all of their bipolar medication?

To participate, individuals must:

1. Have type I or type II bipolar disorder diagnosis for at least 2 years;
2. Have received treatment with at least one evidence-based medication to stabilize mood for at least six months (lithium, anticonvulsant, or antipsychotic mood stabilizer);
3. Be at least 20% or more non-adherent with current BD medication treatment (i.e. lithium, anticonvulsant, or antipsychotic mood stabilizer);

To participate, individuals may NOT:

1. Be children under the age of 18

This is a randomized, controlled trial (RCT) of the **Customized Adherence Enhancement (CAE) psychosocial intervention** (created by Martha Sajatovic MD and Jennifer Levin PhD) vs. broadly-directed, non-individualized education (EDU) in **poorly adherent individuals with bipolar disorder (BD)**. The study is primarily interested in testing whether a (CAE) intervention that addresses the specific reasons for non-adherence among high-risk patients with BD improves treatment adherence and bipolar disorder symptoms compared to EDU. CAE is intended to be a brief adjunct to standard mental health treatment. The proposed project has the potential to greatly advance the care of BD patients who are at greatest risk for poor health outcomes, with findings expected to be generalizable across a variety of treatment settings. **All individuals will continue to receive treatment as usual with their regular provider(s).**

For more information or to refer a patient contact Kouri Akagi at 216-844-2835 or

Kouri.Akagi@UHHospitals.org

Save the Date:

Friday, February 14, 2014

Northcoast Behavioral Healthcare will present a video conference:

Implementation of Project DAWN (Deaths Avoided With Naloxone) in Ohio's Regional Psychiatric Hospitals from 10:00 a.m. to Noon. For further information or to register go to:

<http://www.centerforebp.case.edu/events/project-dawn-video-conference-2014-0214>

Wednesday, April 23, 2014

Annual Clinical Faculty Dinner Meeting at the Cleveland Racquet Club, 29825 Chagrin Boulevard Dinner will be preceded by a cash bar at 6:30 p.m. Please RSVP to Miriam.plax@uhhospitals.org Or by phone at 216-983-3205

Contact:

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DEADLINE FOR NEXT ISSUE:

Friday, February 21, 2014

CONTACT: Kate Kilbane

Phone: 216-844-3658

kate.kilbane@uhhospitals.org