General News:

Dr. Keming Gao was awarded a 2016 NARSAD Independent Investigator grant through the Brain Behavior and Research Foundation.

Dr. Gao will try to explain why only some individuals respond to the gold standard treatment for bipolar disorder, lithium. He will use highly sensitive tests to track how gene expression within white blood cells differs between people with bipolar whose symptoms improve with lithium, and people whose do not. If his team is able to pinpoint these differences, researchers may in the future be able to use this blood test to predict whether patients will respond well to lithium and tailor their treatment accordingly.

Congratulations Dr. Gao! The study is to begin in September.

Awards and Recognition:

Dr. Awaais Aftab has been selected as an awardee for the AADPRT International Medical Graduate Program for 2016. The level of competition was very high so we are particularly proud that Dr. Aftab was selected. As the winner, he was invited to attend the 2016 AADPRT Annual Meeting in Austin, TX at the Hilton Austin, March 3-5, 2016.

The American Psychiatric Association Leadership Fellowship Selection Committee and the APA Administration has selected Dr. Awaais Aftab as a fellow in the 2016-2018 APA Leadership Fellowship program.

Shayna Bach, RN-BC achieved board certification in Psychiatric–Mental Health Nursing

Gail Bromley, Ph.D., R.N. & Patrick Runnels, MD are the recipients of a Margaret Clark Morgan Foundation Award. University Hospitals’ C-STAR (Clinical Competence, Socialization, Transformational Leadership, Advocacy and Resilience) is an innovative student/externship program with a primary goal to increase the number of advanced practice nurses (APRN) with psychiatric/mental health expertise.

Sarah Givens, RN-BC achieved board certification in Med-Surg Nursing

Nursing Clinical Excellence Award Nominees from the Department of Psychiatry:

Meghan Baron, RN (CAPU)
Sue Borton, RN (3W)
Laurie Feltham, RN (3W)
Jeff Iannone, RN (3E)
Elaine Krocker, RN (CAPU)

The Recipient for this Year’s Nursing Clinical Excellence Award is: Sue Borton, RN.

Katherine Proehl, DNP, CNS, at The Centers for Families and Children, was one of the recipients of the 10th Annual Barbara Donaho Distinguished Leadership in Learning Awards presented by the Kent State College of Nursing on April 23rd.

Susan Jorve Stagno, MD was appointed as the as the Sihler Family Professor of Psychiatry on Wednesday, April 6, 2016.
The celebration was held at the Iris S. and Bert L. Wolstein Research Building.

Dean Davis, Dr. Stagno and Dr. Ronis

UH's Psychiatry Residency Program won the APA video contest on "Why We Chose Psychiatry," produced by PGY-2 Resident, Alex Wang. The prize was bragging rights for our program and $200 that she can now spend at the APA bookstore. Congratulations to Alex and all who participated in the making of the video.

Comings and Goings:

Welcome to:

Addiction Recovery Services:
Hope Burton, BSN, RN
Johanna Toomey LSW, LIDC-CS

UH Richmond:
Heather Bloss, MHW
Debra Dobbins, RN – Gero Psych
Steve Fopeano, RN
Jessica Hill, CTA
Melissa Ludwig, PRN RN, ECT
Kayla Soeder, RN – Gero Psych
Deidra Wilson, RN – Gero Psych

CAPU Staff
Stephanie ‘Gabi’ Barth, RN
Jamillah Dye, RN
Rainer Franke, Therapeutic Program Lead
Shanell Harris, MHW
Jessica Moore, MHW
Meghan Reidy, RN
Alyssa Soukup, RN
David Stabler, RN

Child and Adolescent Psychiatry/Psychiatry:
Diantra Carter, PAR II
Ahkia Sims, PAR I

EPAT:
Mollee Galloway, SW2
Devida Crawford, SW2
Stacy Shriver, SW2

Traveling Medical Assistant
Jennifer Correll, Medical Assistant II

Congratulations:

To PGY-4 resident Dr. Jacob McBride and his wife, Nancy, on the birth of their son.

Connor James McBride was born January 5th, 2016 at 1:03 AM. He weighed about 3.5 lbs., (it was hard to say as he had some hardware on the scale.)

Congratulations to Dr. Matt Newton and his wife Katie on the birth of their daughter: Charlotte Andrea Newton, February 8, 2016, 9 lbs. 14 oz., 22”.

Congratulations to PGY-4 resident

Dr. Dina Soliman and her husband, Dr. Sherif Soliman and big brother George on the birth of Miranda Sophia Soliman. Miranda was born on March 13, 2016.

Endowed Lectures January-April 2016:

January 8th:
James A. Horner Lecture
Speaker: Steven W. Jewell, MD, DLFAPA
Topic: Early intervention in First Episode Psychosis: An Urgent, Essential and Achievable Task

Dr. Hertzer and Dr. Jewell

January 22nd:
Morley/Mather Lecture
Speaker: Sandro Galea, MD, MPH, DrPH
Topic: The Urban Brain: How Cities Affect How You Think, Feel, and Behave

February 19th:
College Mental Health Lecture
Speaker: Victor Schwartz, MD
Topic: An Overview of Major Issues in College Student Mental Health and Suicide
February 26th:
**Bipolar Disorders Research Lecture**
**Speaker:** Roger S. McIntyre, MD, FRCPC  
**Topic:** Bipolar Disorders Research Lecture: Focus on the Role of Inflammation in Pathophysiology of Bipolar Disorder

March 11th:  
**Philip J. Resnick Forensic Psychiatry Lecture**  
**Speaker:** Richard Martinez, MD, MH  
**Topic:** End of Life Decision-Making: The Role of the Psychiatrist

April 8th:  
**Morley/Mather Lecture**  
**Speakers:** Keming Gao, MD and Jennifer Sweet, MD  
**Topic:** Prevalence, Impact, and Treatments of Treatment-Refractory Bipolar 1 Depression: Focus on MR Imaging, Tractography and Deep Brain Stimulation

April 22nd:  
**Annual Willard D. Boaz Memorial Lecture**  
**Speaker:** Brooks Keeshin, MD

From 1974 until 1986 Dr. Malone was the Director of Child Psychiatry here in our department. He was also very involved in training the fellows, myself included. He was a VERY energetic and intensely enthusiastic man who was generous in giving his time and attention to others. I valued him greatly as a mentor and supporter, even after I had completed my training. When he left UH, he became faculty in Child Psychiatry at Brown University, Bradley Hospital. Although he was an excellent overall psychiatrist, his special interest was Family Therapy. -- From Dr. Maryellen Davis

Dr. Christina Delos Reyes participated in a panel discussion on "How to Understand and Cover the Opioid Epidemic" during the Association of Health Care Journalists (AHCJ) meeting at the Cleveland Convention Center on April 8, 2016.


Dr. Philipp Dines was interviewed for an article in the *Balanced Family Magazine* Spring 2016 issue. The article discusses how watching too much television can affect the brain.

**In Memoriam:**

The Department of Psychiatry notes with sadness the passing of Dr. Charles Malone on April 24th, Dr. Elayne Campbell on May 8th and Dr. Richard Friedell on May 30th, and of Alex Flagg, beloved son of Drs. Martha Sajatovic and Douglas Flagg, on May 6. Our thoughts are with their families at this difficult time.

**Presentations and Publications:**

Dr. Philipp Dines was interviewed for an article in the *Balanced Family Magazine* Spring 2016 issue. The article discusses how watching too much television can affect the brain.

Elizabeth Harris, Ph.D., postdoctoral fellow in the Division of Child and Adolescent Psychiatry at University Hospitals, contributed a piece to the Ohio Psychological Association newsletter on “Racial Disparities and Access to Healthcare.” Dr. Harris is a member of the OPA Committee for Social responsibility.

Routledge. The book is used in many training programs in psychiatry, psychology and counseling training centers. The book has 37 authors, including Dr. Sheryl Kingsberg and covers a large variety of sexual problems.

The Northeast Ohio Parent, December 2015 issue featured an article by PGY-5 Child and Adolescent Psychiatry Fellow, Dr. Jess Levy entitled: “Exploring ADHD: Is the writing on the wall for ADHD or is your child just hyperactive?”

PGY-5 Child and Adolescent psychiatry fellow, Dr. Jess Levy presented "The Use of Clozapine in a Patient with Youth-Onset Treatment-Resistant Schizophrenia and Benign Ethnic Neutropenia" at the 2016 Case Western Reserve Research ShowCASE which took place on April 15, 2016. This was the culmination of a chart review and literature search. Dr. Solomon Zaraa supervised and co-authored the presentation. Below is a link to the website about the event: https://www.case.edu/research/showcase/

Dr. Sarah Nagle-Yang co-led a workshop at the annual AADPRT meeting entitled "Reproductive Psychiatry Education: Toward a National Curriculum Low Other-Regard and Adolescent Addiction, Maria E. Pagano, Shanna E. Swaringen, & Scott H, Frank; The Journal of Child and Adolescent Substance Addiction online on March 8th, pages 268-276.

Dr. Maria Pagano’s study was featured in a media release from Medical News Today on April 1st as well as in Huffington Post Science.


PGY-4 resident and clinical chief resident, Dr. J.P. Shand participated in a panel discussion at the American Academy of Forensic Sciences meeting in Las Vegas, Nevada on 2/26/16. The topic was “Civil and Criminal Commitment for Homicidal Ideation.”

Sarah Sieradzki, OT published a chapter related to group process in the Occupational Therapy Assistant textbook Occupational Therapist & Certified Dementia Practitioner. The chapter titled “Group Dynamics: Planning and Leading Effective Therapeutic Groups” can be found in the Foundations of Theory and Practice for the Occupational Therapy Assistant, 2016 by Wolters Kluwer.

Research Studies:

Dr. Nora McNamara and her research group in the Division of Child and Adolescent Psychiatry are currently enrolling children between the ages of 10-17 for several mood related research studies.

Please keep in mind:
- Studies vary in length depending on study eligibility
- Studies include both open label and placebo controlled
- Research studies are at no cost and most provide reimbursement for participation
- Current studies enrolling: Bipolar Disorder current episode depressed Bipolar Disorder current episode Mixed or Manic Bipolar Spectrum Disorder Schizophrenia Spectrum Disorder
- Some studies allow for ADHD/treatment if stable

If you have a patient that you feel may be a good research candidate, please have the family call Becky Weintraub directly at 216-844-3922. We truly appreciate your referrals!

Research Watch News:

PGY-2 resident, Dr. Cheryl Chen, was selected by Dr. Aftab for the Curator Recognition Award. Dr. Chen has been a dedicated reviewer of the American Journal of Psychiatry, selecting studies of note and summarizing them for the resident-led publication.

In the February edition of Research Watch Heather Carey (clinical pharmacist at UH Richmond Hospital) contributed the first commentary piece, on the use of Ziprasidone for augmentation in MDD. Hopefully, this will be of service as inspiration to our residents and fellows to contribute to the commentary. The publication of commentaries serves to expand the scope of Research Watch and also provides a publication opportunity for interested residents.
World Social Work Day:
Fellows and staff on the Child and Adolescent Psychiatry Unit celebrated with Social Workers Nancy Camposo, Beth Mannasmith and Halle Maziasz on Wednesday, March 15th.

Save the Date:
Friday, June 17th:
Resident and Fellow Graduation Banquet
The Wyndham Hotel
1260 Euclid Avenue
Cocktail: 6:00 p.m.
Dinner: 7:00 p.m.

Saturday, August 27th
NAMI Walks 2016
Edgewater Park
Registration: 9:00 a.m.
Contact: Lisa Dellafiora
Development & Special Events Coordinator
216-875-0266
ldellafiora@namicleveland.org

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