

Monthly News – March/April/May 2015

Department of Psychiatry

May 31, 2015 Volume 9, Number 3/4/5

APA May 2015:

Norman A. Clemens, M.D., Emeritus Clinical Professor, presented two workshop panels at the APA meeting in Toronto: "Practice in the Ninth Decade," chaired by Roger Peele, MD. And "Obstacles to Early Career Psychiatrists Practicing Psychotherapy."

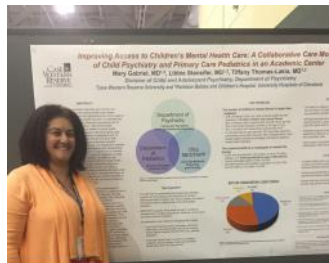
Stephen B. Levine Why Is Sex Important? A Seminar on the Impediments to Adult Love

Other department participants included:

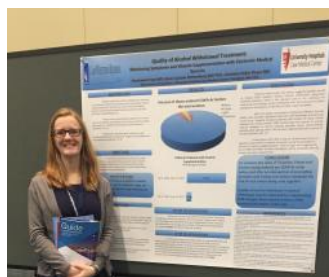
- **Dr. Cathleen Cerny:** Forensic Primer for Community Psychiatrists (with **Drs. Susan Hatters-Friedman and Megan Testa**)



- PGY-2 resident, **Dr. Daphne Ferrer** who participated in a symposium on Patient Suicide during Residency Training



- PGY-7 Community Psychiatry Fellow, **Dr. Mary Gabriel**, who presented a poster on Improving Access to Children's Mental Healthcare: A Collaborative Care Model of Child Psychiatry and Primary Care Pediatrics
- **Dr. Stephen B. Levine:** Why Is Sex Important? A Seminar on the Impediments to Adult Love



- PGY-5 Child and Adolescent Psychiatry fellow, **Dr. Stephanie Pope**, who had two posters accepted ("Social Media and its Clinical Implications on

Psychiatry;" and "Quality of Alcohol Withdrawal Treatment: Monitoring Symptoms and Vitamin Supplementation with Electronic Medical Records.")

- **Dr. Luis Ramirez:** Teaching Ego Defense Mechanisms with Media Clips
- **Dr. Phillip Resnick:** Detection of Malingered Hallucinations; How to Give a More Effective Lecture: Punch Passion, and Polish; Risk Assessment for Violence; The Psychiatrist as Expert Witness; the Expert Witness in Psychiatric Malpractice Cases
- The Clinical Assessment of Malingered Mental Illness
- **Dr. Martha Sajatovic:** Late-life Bipolar Disorder: Emerging Research and Complexities of Care; Association between Symptom Severity and Medication Adherence in Poorly Adherent Patients with Bipolar Disorder

Awards and Recognition:

Dr. Danette Conklin received a Developmental Award to fund a "Midlife Wellness for Women Study." The Minority Faculty

Development Award is a three-year research award funded by University Hospitals of Cleveland. The purpose of this award is to support research and career development for minority, junior faculty who exhibit a commitment to a career in academic medicine and possess superior academic and clinical skills. The award stipend is for \$75,000. As a recipient of this award, Dr. Danette Conklin will be conducting an exploratory study for women transitioning through menopause, a natural but often challenging developmental milestone.

The general objective of Dr. Conklin's study is to advance insight into the impact of non-pharmacological treatments on the psychological health and wellbeing of women adapting to menopause. This exploratory study proposes to expand the knowledge in the menopausal literature, evaluating the effectiveness of cognitive behavioral group therapy by how well it reduces vasomotor symptoms and improves the mental health of menopausal women with mood and/or anxiety disorders. The study will begin to evaluate the role of race and ethnicity in regards to the effectiveness of non-pharmacological treatment. The study will also collect information regarding racial and ethnic differences in patients' beliefs about menopause transition.

Psychology Intern **Elizabeth Harris** was selected as the winner of the 2015 Ohio Psychological Association Poster Session. My research is titled Stereotype threat, Self-Efficacy, and Career Expectations in Ethnic Minority College Students

Dr. Marianne Jhee. Dr. Jhee was selected as a 2015 Cleveland Federal Executive Board' "Wings of Excellence" Awardee.

Dr. Leslie Koblentz was named Mental Health Professional of the

Year by the Cuyahoga County Mental Health Board.

Dr. Stephanie Pope's poster, "*Community Resources Needed to Manage Long Acting Injectable Antipsychotics in Children*" was chosen as the winner at the 12th Annual All Ohio Institute on Community Psychiatry.



CL Society Annual Meeting:

The Cleveland Consultation-Liaison Society held its annual meeting on Wed, May 6, 2015 at the Cleveland Skating Club. Attendance was robust, with numerous trainees and faculty members from CCF, Metro, UH, and Akron hospitals in attendance. UH advance practice nurse **Shawna Gudalis** presented a poster ("A Case of Cancer, Chemo, and Clozaril"); UH third-year Psychiatry resident **Jacob McBride** presented a poster ("Incommunicado: Mutism in a Post-Operative Patient"); and UH second-year Psychiatry residents **John De Mott** and **Greg Bredow** presented a challenging patient case ("If I Had a Hammer"). UH participation was well-received. The Cleveland Consultation-Liaison Society welcomes all providers to attend their events; the next

event will be a Fall mixer (details TBA).

Community Outreach:

Thanks to all who participated in preparing and serving lunch to the patrons at Ronald McDonald House on Sunday, May 24th!

A BIG thanks to **Erum Ahmad, Mona Ferrer, Sid Kaw, Cheryl Chen, Christy LaGrotta, Kate Ridenour, Sarah Engle and JP Shand** who participated in the event. The residents prepared a meal with lasagna, salad, garlic bread and desserts for approximately 50-60 people.



The residents hope to continue service to the community in the future and would appreciate hearing from others who would like to become involved.

If you would like to learn more about Ronald McDonald House Cleveland and its mission, please visit the link below:
<http://www.rmhcleveland.org/>

Congratulations:

To: **Chelci Fudge.** Chelci has been promoted from Social Worker 3 to the EPAT Supervisor.

Grand Rounds:

June 5th:
**NO GRAND ROUNDS
DEPARTMENT MEETING**

June 12th:

** L. Douglas Lenkoski Lecture*

Speaker: Joseph Parks, M.D.

Topic: Integrating Primary Care and Behavioral Healthcare – The Future of Your Practice

June 19th:

Speaker: Daniel T. Hackman, M.D.

Topic: What Every Psychiatrist Should Know about Sex Offenders

June 26th:

Speaker: Nicholas Eilbeck, M.D.

Topic: Behind the Mask of Pediatric Catatonia

**Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113*

Nursing and Clinical Excellence Award 2015:

Each year University Hospitals Case Medical Center celebrates Nurses Week in May, with the main event of the week's celebration being the presentation of the Nursing Clinical Excellence Awards. Nurses are nominated and selected by their peers within their specialty area of practice. **The nominations for Psychiatry Nursing Clinical Excellence** this year are **Meghan Baron and Tracy Booker**, Child and Adolescent Psychiatry Unit, and **Kathy Brown**, Adult Psychiatry Unit.

The award recipient is selected through our Psychiatry Nursing Governance by the Psychiatry Nursing Professional Development, Recruitment and Retention Council and using the American Nurse ANCC Clinical Excellence Award scoring tool.

Kathy Brown is selected as this year's **Nursing Clinical Excellence Award Recipient!**

The nominees and award recipient were honored formally at a ceremony on May 6th.

Presentations and Publications:

Aftab A, Dines PL. Late-Onset Schizoaffective Disorder with Cognitive Decline. *Current Psychiatry*. In Press.

Shah AA, Khwaja IS, **Aftab A.** *Are Psychotropic Drugs Safe to Use During Pregnancy?* *Psychiatric Annals* 2015; 45(2):71-76.

Shah AA, **Aftab A.** *Are Psychotropic Drugs Safe to Use During Lactation?* *Psychiatric Annals* 2015; 45(2):77-82.

NetIQ AA (Author). **Aftab A**, Hashmi AM (Translators). Pando key. In: "What Will You Give for This Beauty?" NetIQ AA, Hashmi AM. Penguin India. Feb 2015. * Co-translator of a short story "Pando key" from Urdu to English, published in the book "What Will You Give for This Beauty?" by Penguin India.

Dr. Joseph Calabrese, Director of the Mood Disorders Program presented a pediatric Grand Rounds Lecture at Rainbow Babies & Children's Hospital Amphitheater on Friday April 17th. The topic was "Vincent van Gogh: Biography, Family History, and Artistic Genius."

Delos-Reyes, C.M., Svala, K.M., Kurtz, S.P., & Pagano, M.E. (2015, June). *Smoking cessation during treatment among youth with and without ADHD.* Poster presentation at the 38th annual meeting of RSA, San Antonio, TX.

Dr. Delos Reyes' work outlining the behavior change interventions that are most likely to be successful with patients was cited in the April edition of the UH Physician Update. The article was published in the *Journal of Family Practice* in February 2015: *J Fam Pract.* 2015 February; 64(2):97-100,102-103.

Dr. Susan Hatters-Friedman was quoted in the April 6th article "The Mind of Those who Kill and Kill Themselves" in the New York Times regarding murder-suicides in the aftermath of the Germanwings crash.

Pagano, M.E., Mayetta, C.M., & Levine, A.G. (April, 2015). *Risk factors of repeated infectious disease incidence among substance dependent girls and boys court-referred to treatment.* Poster presentation at the 12th Hawai'i International Training Summit on preventing, assessing, & treating trauma across the lifespan. Honolulu, HI.

Maria E. Pagano^{1*}, Alexandra R. Wang², Briana M. Rowles¹, Matthew T. Lee³ and Byron R. Johnson⁴. *Social Anxiety and Peer Helping in Adolescent Addiction Treatment Alcoholism: Clinical and Experimental Research Volume 39, Issue 5,* pages 887–895, May 2015.

Dr. Pagano was interviewed in *Medicalresearch.com* on April 29th. <http://medicalresearch.com>



PGY- 5 Child and Adolescent Psychiatry Fellow, **Dr. Stephanie Pope**, was selected to do an oral presentation for the Neurosciences Research Day, March 31-April 1, 2015 on the "Quality of Alcohol Withdrawal Treatment: Monitoring Symptoms and Vitamin Supplementation with Electronic Medical Records."

Dr. Stephanie Pope's research on "Social Media and Psychiatry" was discussed in the March 30th issue of **newswise:** [http://www.newswise.com/articles/uh-case-medical-center-s-social-media-study-of-pinterest-to-clinical-](http://www.newswise.com/articles/uh-case-medical-center-s-social-media-study-of-pinterest-to-clinical)

[practice-effectiveness](#). Dr. Pope presented her research at the APA Annual meeting in Toronto.

Research Studies:

University Hospitals Case Medical Center is currently enrolling children between the ages of 10-17 years of age for a bipolar I disorder research trial. Children with bipolar disorder may be experiencing unpredictable mood swings, a decreased need for sleep, irritability and racing thoughts. Eligible participants may receive study related mental health assessments, physical exams and investigational medication or placebo at no cost. For more information, please call 216-844-3922.

Welcome to:

CAPU employees:

Rainer Franke, Therapeutic Program Lead
Jamillah Dye, RN

Kate Ridenour, Academic Education Coordinator for the Psychiatry residency Program.

Paulette Goodman, Patient Access Representative
Cordale Scott, Intake Specialist.

Save the Date:

2015 NAMIWALKS Greater Cleveland

Date: Saturday, August 29th
Location: Edgewater Park
Distance: 2.5 miles
Check-in: 9:00 am
Start Time: 10:00 am

For more information about this event, please contact:

Lisa Dellafiora
ldellafiora@namicleveland.org
Or by phone at: 216-875-0266

Contact:

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