APA Annual Meeting
May 3rd – May 7th:

The 167th Annual Meeting of the American Psychiatric Association was held in New York City May 3rd to May 7th. Presentations from UH Department of Psychiatry included:

Joseph R. Calabrese, M.D.
Balancing Generalizability and Assay Sensitivity Needs in Bipolar Depression Treatment Trials

New Treatments for Mental Disorders: Focus on Schizophrenia and OCD

Efficacy and Safety of Lurasidone in Bipolar I Depression: Pooled Results of Two Adjunctive Therapy Studies With Lithium or Valproate

Keming Gao, M.D., Ph.D.
Should Structured Diagnostic Interview and Standardized Rating Scales Be Used in Routine Clinical Practice?

Kasia Gustaw Rothenberg, M.D., Ph.D.

Clozapine in a Geriatric Population: Indication for Use and Efficacy Versus Safety Profile

Clozapine in a Geriatric Population: Clinical Indication and Safety Monitoring

Cognitive Functions, APOE Genotype, and Hormonal Replacement Therapy in a Postmenopausal Population

Susan Hatters-Friedman, M.D.
Ethics of Psychiatric Involvement and Future Directions for Research

Susan Hatters-Friedman, M.D.

John P. Shand, M.D.
American Horror Film and Psychiatry

Stephen B. Levine, M.D.
Barriers to Adult Sexual Love: A New Conceptual and Clinical Approach

Phillip Resnick, M.D.
How to Give More Effective Lectures: Punch, Passion, and Polish

The Clinical Assessment of Malingered Mental Illness

Mass Murder in America

Risk Assessment for Violence

The Psychiatrist as Expert Witness

The Expert Witness in Psychiatric Malpractice Cases

Robert J. Ronis, M.D., M.P.H.
American Board of Psychiatry and Neurology Update: Certification in Psychiatry and Its Subspecialties

Chair: Patrick S. Runnels, M.D.
Speakers: Rosa Ruggiero, N.P.
Farah Munir, D.O

NP’s Are From Mars, Physicians Are From Venus: Multidisciplinary Training and Collaborative Practice

Patrick S. Runnels, M.D.
Psychiatric Leadership in the Behavioral Health Home

Susan Stagno, M.D.
Innovative Approaches to Teaching Professionalism

Monica Strom, M.D., M.P.H.
Motor Side Effects in the Course of Clozapine Treatment: Case Report and Literature Review

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The Challenge Liaison Society held its annual meeting on May 21, 2014 at the Cleveland Skating Club. Participants included trainees and faculty from University Hospitals, MetroHealth Medical Center, the Louis Stokes VA Medical Center, and Cleveland Clinic.

Keynote speaker, Youssef Mahfoud, M.D., Addiction Psychiatrist at Louis Stokes VA Medical Center, presented “Review of Opioids and Treatment of Opioid Use Disorder for the CL Psychiatrist.”

The oral presentation Honorable Mention went to University Hospitals Psychosomatic Medicine fellow Jennifer Brandstetter M.D., for her talk entitled “Anesthesia Awareness: Unrecognized and Untreated.”

The Agle Award for best poster, named in honor of Dr. David Agle, went to University Hospitals Child and Adolescent Psychiatry Fellow, Stephanie Pope, M.D. and graduating PGY-4 Resident Kasia Gustaw Rothenberg M.D., for their poster, “Quality of Alcohol Withdrawal Treatment: Monitoring Symptoms and Vitamin Supplementation.”

The Mahmoud A. Parsa Research Award was given to Kasia Rothenberg, MD, PhD.

The Rapid Psychler Award was given to John De Mott, MD.

Congratulations to our 2014 Graduates and Award Recipients:

**Adult Psychiatry**
- Kelly Andrzejczyk, DO
- Pu Cheng, MD
- Eliha Godshalk, MD
- Joanna Koutros, MD
- Kasia Rothenberg, MD, PhD
- Dimitrios Tsatiris, MD
- Zafar Zaidi, MD

**Addiction Psychiatry Graduates**
- Carol Lewis, MD

**Child & Adolescent Psychiatry Graduates**
- Ashleigh Anderson, DO
- Ramiz Audi, MD
- Sarah Lytle, MD
- Sonal Moratschek, MD

**Community Fellowship Graduates**
- Archana Brojmohun, MD
- Pu Cheng, MD
- Kathleen Svala, MD
- Kathleen Clegg, MD
- Neal Goldenberg, MD
- Katherine Proebst, DNP

**Outstanding Nursing Awards**
- Jimmy Trusso, RN
- Sharyna Bach, RN
- Patricia Kane, RN

**Outstanding Resident Award**
- Dimitrios Tsatiris, MD

**Excellence in Teaching Awards**
- Irina Korobkova, MD
- Richard Corradi, MD
- Michael Ignatowski, DO
- Phillip Resnick, MD
- Christina Delos Reyes, MD
- Marci Hall, MD

**Faculty of the Year Award**
- Luis Ramirez, MD

**Faculty of the Year Residency Training Directors**
- Andrew Hunt, MD

**Community Psychiatry Award**
- Pu Cheng, MD

**Post Pediatric Portal**
- Mary Gabriel, MD
- Richard Linsk, MD, PhD

**Psychosomatic Medicine**
- Jennifer Moore Brandstetter, MD

**Awards and Recognition**

Dr. Patrick Runnels received the NAMI Exemplary Psychiatrist Award.
Award at the APA annual meeting held in May.

Comings and Goings:

Welcome to: Anthony Saar, Academic Education Coordinator Anthony's first day was Monday, June 16th.

Congratulations:

The Child and Adolescent Psychiatry Inpatient Unit (CAPU) participated in a decorating contest at Rainbow Babies & Children's Hospital, winning first place on 5/21/14. The Horvitz family provided gift cards for all divisions for supplies to create a spring or a birthday theme, in honor of Leonard Horvitz’s 91st birthday. The CAPU was awarded first place! Richard Horvitz, son of Leonard Horvitz, visited the CAPU and was impressed that the patients did most of the work!

Jennifer Gogolek, Licensed Professional Counselor with Supervision status was promoted to Emergency Psychiatric Access Team Supervisor. Jennifer’s role will focus on improving the quality of assessment and the standards of practice with in the department. Jennifer will manage the day to day operations of the department. Please congratulate the Jennifer on her promotion.

Recent Community Psychiatry Fellowship graduate, Dr. Neal Goldenberg has been appointed Medical Director of the Carriage House Clinic at Magnolia Clubhouse

Congratulations to Eve Laidman, Who celebrated her Quarter Century mark with University Hospitals and the Department of Psychiatry as administrative assistant to Dr. Joseph Calabrese.

Mr. Horvitz took time to chat with one of the patients who worked on the giant confetti cake! A luncheon was held in the RBC Performance area for staff and patients to enjoy lunch and cake. The event was a wonderful opportunity for teamwork and creativity on the CAPU for staff and patients!

Grand Rounds:

June 27th:
Speakers: Mary Gabriel, M.D. and Richard Linsk, M.D., Ph.D.
Topic: Parenting Guidance in general Psychiatry

In Memoriam:

James Pallas, M.D., former UH Psychiatry resident and member of the clinical faculty since July 1996 passed away suddenly on June 1st. A key member of "Levine, Risen and Associates," Jim was actively involved in UH EAP services as well as the practice of general psychiatry in Beachwood

General News:

The Cleveland Center for Eating Disorders has announced a partnership with The Emily Program that will result in increased services for people with eating disorders in Ohio, including the opening of a beautiful 16-bed Adult Residential Facility early in 2015.

The Emily Program, a multidisciplinary treatment program started in 1993, and CCED, an outpatient treatment center founded in 2006, have successfully encouraged thousands of those suffering with eating disorders to make the changes necessary to recover. Both practices were built on providing access to care in our own communities.

An Open House event will be held in mid-July in Cleveland to celebrate this new partnership, details will be forthcoming.

Presentations and Publications:

On May 2, Dr. Robert W. Goldberg, Clinical Assistant Professor, presented a paper at the Association of Psychology Postdoctoral and Internship Centers Membership Conference in Austin, TX, reporting on the validity of final oral case examinations for assessing competencies of Cleveland VA Psychology Interns. Dr. Kevin R. Young, VA psychologist, was co-author.


Research Studies:

University Hospitals is now conducting a research study for children and adolescents between
the ages of 7-17 with Generalized Anxiety Disorder or Major Depressive Disorder. Eligible participants may receive a thorough evaluation and study medication from a doctor who specializes in mental illness at no cost. To learn more, contact Becky Weintraub at 216-844-3922 or via email at: Becky.weintraub@uhhospitals.org

Sequential Multiple Assignment Randomized Treatment (SMART) for Bipolar Disorder

Principal Investigator: Joseph Calabrese, MD

Gender & Age: Men & Women, Ages 18 and Up

Diagnosis: Bipolar Disorder I or II

Medications: Patient will be randomized to one of two mood stabilizers (MS), lithium or divalproex. Those who develop protocol defined depression will then be randomized to a MS alone, MS + quetiapine, or MS + lamotrigine.

Study Details: Study may last up to 26 weeks long. Participants will be seen weekly for the first 3 weeks and every 4 weeks thereafter.

Contact: Carla Conroy at 216-844-2871 or via email at: Carla.Conroy@UHHospitals.org

CAE RCT Study

Do you have any patients who have Bipolar Disorder and have trouble taking all of their bipolar medication?

To participate, individuals may NOT:
1. Be children under the age of 18

This is a randomized, controlled trial (RCT) of the Customized Adherence Enhancement (CAE) psychosocial intervention (created by Martha Sajatovic MD and Jennifer Levin PhD) vs. broadly-directed, non-individualized education (EDU) in poorly adherent individuals with bipolar disorder (BD). The study is primarily interested in testing whether a (CAE) intervention that addresses the specific reasons for non-adherence among high-risk patients with BD improves treatment adherence and bipolar disorder symptoms compared to EDU. CAE is intended to be a brief adjunct to standard mental health treatment. The proposed project has the potential to greatly advance the care of BD patients who are at greatest risk for poor health outcomes, with findings expected to be generalizable across a variety of treatment settings. All individuals will continue to receive treatment as usual with their regular provider(s).

For more information or to refer a patient contact Kouri Akagi at 216-844-2835 or Kouri.Akagi@UHhospitals.org

Contact:

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