

Monthly News – June/July 2013

Department of Psychiatry

July 15, 2013 Volume 7, Number 6/7

Awards and Recognition:

On Thursday June 13, 2013, the **Hon. Marcy Kaptur** of Ohio in the House of Representatives rose “to acknowledge the outstanding accomplishments of **Dr. Joseph Calabrese**, professor of psychiatry at Case Western Reserve University and director of the Mood Disorders Program at University Hospitals Case Medical Center in Cleveland.” “Doctor Calabrese has taken the lead role in a major initiative that I helped launch under the auspices of the U.S. Department of Defense to study the effects of post-traumatic stress disorder on soldiers returning from combat zones. I have watched as Doctor Calabrese, working in concert with doctors at the University of Toledo, has conducted truly groundbreaking research involving combat veterans who suffer from PTSD.”

“I am proud to support his clinical efforts and his exemplary service to the Cleveland community, our nation, and veterans everywhere. I am pleased to commend **Dr. Joseph Calabrese** on the occasion of his receipt of the European Bipolar Forum’s Lifetime Achievement Award and thank him for his noble work.

(Excerpted from the Congressional record of June 13, 2013.)

Dr. Martha Sajatovic received the Leonard Tow Humanism in Medicine Faculty Award sponsored by the Arnold P. Gold Foundation in May of 2013

Debbie Ludwig, Nurse Manager for Adult Psychiatry; **Bob Garcowski**, Program Team Lead and **Karen Hogan**, Nurse Manager for Neuro-Geriatric Psychiatry and ECT received the “Outstanding Supervisor of the Year Award” for 2012 from the UHMC Volunteer Services Department. They were honored at the annual Spring Volunteer Recognition luncheon on May 22, 2013 at Landerhaven.

Megan Harper, NAI, Neuro-Geriatric Psychiatry, received the BSN from Cleveland State University, having been inducted into Sigma Theta Tau, International Honor Society of Nursing.

2013 Graduation Banquet:

Congratulations to all of our 2013 Resident and Fellow graduates and to the award recipients honored at the dinner:

Psychiatry Residency

Blessing Igboeli, MD
Thomas Park, MD
An’ Drea Taylor, MD

Completing Psychiatry Residency and Beginning Child & Adolescent Psychiatry

*Almeria Decker, MD
Stephanie Pope, MD*

Addiction Psychiatry

*Narendra Singh, MD
Kathleen Svala, MD*

Child & Adolescent Psychiatry

*Smitha Battula, MD
Priti Purushothaman, MD
Shelab Rote, JD, MD
Crystal Thomas, MD*

Post Pediatric Portal

*Pamelynn Esperanza, MD
Lysette Ramos, MD*

Geriatric Psychiatry

Carla Bejjani, MD

Community Psychiatry

*Vincent Caringi, MD
Blessing Igboeli, MD
Lila Jenkins, CNP
Erin Murphy, CNP
Priti Purushothaman, MD
Maureen Sweeney, CNP
Megan Testa, MD
Solomon Zarea, DO*

Faculty of the Year Award

David Agle, MD

Teacher of the Year (Residents)

Luis Ramirez, MD

Excellence in Teaching Award

Solomon Zaraq, DO (Child and Adolescent Psychiatry Fellowship)



John DeMott, DO



Ann Verma, MD

Outstanding Nurse Awards

Carole Negus, RN
Clarice Bruner, RN
Andrea Mazzolini, RN
Wendy Phinnessee, RN



Daphne Ferrer, MD

Outstanding Resident Award

Blessing Igboeli, MD

Mahmoud A. Parsa Research Award

Kasia Rothenberg, MD

Rapid Psychler Awards

Monica Strom, MD



Hardildar Gill, MD

Class Excellence in Teaching

PGY-1 -- *Binit Shah, MD*
PGY-2 -- *Jeanne Lackamp, MD*
PGY-3 -- *Farah Munir, DO*
PGY-4 -- *Norman Clemens, MD*



Maureen Mansour, MD

Additionally, **Dr. Maryellen Davis** was honored for her years of service as the Program Training Director of the Child and Adolescent psychiatry Fellowship Program. Dr. Davis retired as Training Director on December 31, 2012, but will continue to provide mentorship, teaching and supervision in the program. **Dr. McVoy**, who succeeded Dr. Davis as Training Director, presented Dr. Davis with a Memory Book of notes and best wishes from trainees over the past ten years. **Dr. Ronis** also announced the ***Maryellen S. Davis Lecture in Child and Adolescent Psychiatry***. The inaugural lecture will be held on November 22, 2013.



Vamshi Myneni, MD



Thomas Scheidemantel, MD

Comings and Goings:

Welcome to the new residents and fellows:

PGY-1 Residents:



Anmol Tolani, MD

Addiction Psychiatry Fellow:
Carol Lewis, MD

Child Psychiatry Fellows:

Almeria Decker, MD
Nicholas Eilbeck, MD
Susan Neilan, MD
Stephanie Pope, MD

Community Psychiatry Fellows:

Cathleen Cerny, MD
Pu Cheng, MD
Kathleen Clegg, MD
Neal Goldenberg, MD
Katherine Porehl, DNP
Archana Brojmohun, MD
Kathleen Svala, MD

Forensic Psychiatry Fellows:

Jonathan Barker, MD
Lama Bazzi, MD
Kayla Fisher, MD
Belinda Kelly, MD

Post Pediatric Portal:

Sarah Engle, MD

Psychosomatic Medicine:

Jennifer Moore, MD

Faculty and Staff:

Dr. Luis Ramirez has recently changed his responsibilities from the inpatient unit at UH Richmond Psychiatry to the outpatient department at W.O. Walker. **Dr. Ramirez** will continue to be available as a supervisor and mentor, and will continue his many teaching responsibilities and in his role at Murtis Taylor.

Drs. Jera Barrett and David Kemp will be filling in as the teaching attending physicians for the second "team" on the general inpatient unit at Richmond alongside **Dr. Hahn**, who remains in his role as Medical Director.

Dr. Kathleen Svala, recent graduate of the Addiction Psychiatry Fellowship was appointed as faculty effective July 1, 2013.

Danette Conklin, Ph.D. has joined the Mood Disorders Program as of June 1st. **Dr. Conklin** will provide therapy services on the 12th floor as will also be involved in our Intensive Outpatient Program on the 3rd floor.

Chengmei Yuan, M.D., Ph.D. and **Fang Fang, M.D.** arrived from China on June 8th and is providing services as a Research Fellowship at Mood Disorders Program under the direction of **Keming Gao, M.D., Ph.D.**

Angelic Suber, CTA and **Sylvia Diaz, CTA** have joined the staff for Neuro-Geriatric Psychiatry

Grand Rounds:

July 5th – No Grand Rounds

July 12th

Reeves Warm Lecture

Speaker: Felipe Amunategui, Ph.D. and Molly McVoy, M.D.

Topic: The Many Faces of ADHD

July 19th

Speaker: Rajesh Tampi, M.D.

Topic: Treating Behavioral and Psychological Symptoms of Dementia in The Era of Black Box Warnings

July 26th:

Speaker: Jeffrey R. Strawn, M.D.

Topic: Anxiety Disorders in Children and Adolescents: The Road to Neurobiologically-Informed Psychotherapy and Pharmacotherapy

August 2nd:

Speaker: Colleen Lance, M.D.

Topic: To Be Announced

August 9th:

***Robert Frankel Lecture in Geriatric Psychiatry**

Speaker: Brent Forester, M.D.

Topic: Translational Research Opportunities in Geriatric Bipolar Disorder

***Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113**

Presentations and Publications:

Delos Reyes, C. M., Svala, K., Singh, N., Scur, M. D., & Pagano, M. E. (2013). Smoking Cessation and Adolescent Treatment Outcomes. *ACER*, 36(s1), 312A.

Christina M. Delos Reyes, MD, presented: "Promoting Continuity of Care in Tobacco Interventions" via videoconference on Wednesday, June 26th. The conference examined tobacco interventions for inpatient and outpatient settings and Health Homes, with an emphasis upon transitions in care, discharge planning, and appropriate follow-up for all individuals who use tobacco.

Christina M. Delos Reyes, MD, will present two workshops: "Life after DSM-5: New Classification for Substance Use and Addictive Disorders" and "Medications in the Treatment of Addiction and Mental Illness" at the Addiction Studies Institute," hosted by Talbot Hall of The Ohio State University Wexner Medical Center. The event will be held in Columbus, Ohio on July 31-Aug 2, 2013. For more information or to register online:

http://www.addictionstudiesinstitute.com/autumn/2013session_descriptions.html

Pagano, M. E., Krentzman, A. R., Maietti, C., Ionescu, R., Stout, R. L. (2013). Risk factors of infectious disease among alcohol dependent girls and boys court-referred to treatment. *ACER*, 36(s1), 320A.

Sajatovic M, Levin J, Ramirez L, Hahn D, Tatsuoka C, Seifi N.

Poster presentation. A prospective trial of customized adherence enhancement plus long-acting injectable antipsychotic medication in homeless or recently homeless individuals with schizophrenia or schizoaffective disorder. 14th International Congress on Schizophrenia Research. Orlando, FL. April 25, 2013.

Blixen C, Perzynski A, Kanuch S, Dawson N, Kaiser D, Lawless ME, & Sajatovic M. United in Purpose: The Experience of Becoming a Peer Educator for Patients with Serious Mental Illness (SMI) and Diabetes (DM). Poster presentation. 3rd International Congress on Neurobiology and Psychopharmacology. Thessaloniki, Greece. June 1, 2013.

Dines P, Sajatovic M, Poreh A, Hogan KW. Effective Complex Geropsychiatric Diagnostic Evaluation and Treatment. Poster presentation. 3rd International Congress on Neurobiology and Psychopharmacology. Thessaloniki, Greece. June 1, 2013.

Dr. Sajatovic presented "Treatment of Bipolar Disorder Across the Life-Span: From Research into the Clinical Arena." Symposium chair and faculty presenter. 3rd International Congress on Neurobiology and Psychopharmacology. Thessaloniki, Greece. June 1, 2013.

Dr. Sajatovic presented "Late-life Bipolar Disorders: How are they Different or Similar to Bipolar Disorders in Younger People?" Symposium chair and faculty presenter. 10th International Conference on Bipolar Disorders. Miami, Florida. June 13-16 2013.

Sajatovic M, Tatsuoka C, Dines P, Bialko C, Athey M, Williams T, Cassidy K. Patient Choice as a Driver of Ziprasidone-Switching in

Non-Adherent Individuals with Bipolar Disorder. 10th International Conference on Bipolar Disorders. Miami, Florida. June 13-16 2013.

Dr. Sajatovic presented “Depression in Later Life: An overview of assessment and management.” First Asia CNS Summit. July 14, 2013. Chengdu, Peoples Republic of China

Dr. Sajatovic presented “The role of antipsychotic medications in geriatric psychiatry: Changing practice in a changing landscape.” July 14, 2013. Chengdu, Peoples Republic of China

Rytwinski, N. K., **Scur, M. D., Feeny, N. C., & Youngstrom, E. A.** (2013). The Co-Occurrence of Major Depressive Disorder Among Individuals With Posttraumatic Stress Disorder: A Meta-Analysis. *Journal of Traumatic Stress, 26*(3), 1-11.

Research Studies:

Discovery and Wellness Center Autism Study Enrolling Soon: Help us learn about Autism and possible treatments by joining our clinical research study.

You may be able to take part in this study if you:

- Are a man aged 18-45 years with a diagnosis of autism spectrum disorder
- Speak and read English
- Have a caregiver willing to help you complete study activities and answer questions from clinical staff

The VANILLA study will measure the effects of an investigational drug on social behavior, communication and safety.

To learn more about this study, contact Rebecca Weintraub at 216-844-3922 or via email at: DWCC@uhhospitals.org

Prospective, Randomized, Double-Blind, Placebo-

Controlled, Phase 2 Safety and Efficacy Study of Oral ELND005 as an Adjunctive Maintenance Treatment in Patients with Bipolar I Disorder

Principal Investigator: Joseph R. Calabrese, MD

Gender & Age: Women & Men, ages 18 – 65

Diagnosis: Bipolar I Disorder, and has experienced a mood episode of any polarity within 4 months prior to the Screening Visit and responded to lamotrigine (LTG) or valproic acid (VPA).

Medications: Study subjects will be treated with ELND005 and weaned off of any other psychiatric medications they are taking during the open-label phase. Study patients who remain stable during this phase will be eligible for random assignment in the Double-blind Randomization Phase. In the double-blind phase, study patients will be randomly assigned in a 1:1 ratio to receive blinded treatment with either ELND005 or placebo for up to 48 weeks, in addition to either LTG or VPA

Study Details: Up to 72 weeks long

Contact: Carla Conroy at 216-844-2871 or via email: Carla.Conroy@UHHospitals.org

A Randomized, Double-Blind, Placebo-Controlled, Phase 3 Study to Evaluate the Efficacy and Safety of Once a Day, TAK-375 (Ramelteon) Tablet for Sublingual Administration (TAK-375SL Tablet) 0.1, 0.4, and 0.8mg as an Adjunctive Therapy in the Treatment of Acute Depressive Episodes Associated with Bipolar I Disorder in Adult Subjects (TAK-375SL_201)

Principal Investigator: Keming Gao, MD, PhD

Gender & Age: Women & Men, ages 18 - 75

Diagnosis: Bipolar I Disorder, currently depressed

Medications: Lithium and/or one other mood stabilizer (lamotrigine or valproic acid) and/or one atypical antipsychotic (risperidone

or olanzapine or aripiprazole or ziprasidone). Subjects may be on one, two or three medications but no more than one from each group. Each subject will be randomized to either TAK -375SL tablet 0.1 mg once daily, TAK-375SL tablet 0.4 mg once daily, TAK-375SL tablet 0.8 mg once daily or placebo once daily.

Study Details: Up to 13 weeks long, visits are once a week for the first month and then bi weekly for an additional month.

Contact: Carla Conroy at 216-844-2871 or via email at Carla.Conroy@UHHospitals.org

A Randomized, Double-Blind, Placebo-Controlled, Phase 3 Study to Evaluate the Efficacy and Safety of Once a Day, TAK-375SL 0.1, 0.4, and 0.8 mg as an Adjunctive Therapy to Treatment-as-Usual in the Maintenance Treatment of Bipolar I Disorder in Adult Patients (TAK-375SL_203)

Principal Investigator: Keming Gao, MD, PhD

Gender & Age: Women & Men, ages 18 - 75

Diagnosis: Bipolar I Disorder, stable for at least eight weeks with a mood episode within 9 months from screening

Medications: Treatment as usual*. Each subject will be to either TAK -375SL tablet 0.1 mg once daily, TAK-375SL tablet 0.4 mg once daily, TAK-375SL tablet 0.8 mg once daily or placebo once daily.

Study Details: Up to 11 months long, visits are every 2 weeks for the first 2 months and then monthly for an additional 6 months.

Contact: Carla Conroy at 216-844-2871 or via email at Carla.Conroy@UHHospitals.org

CAE RCT Study

Do you have any patients who have Bipolar Disorder and have trouble taking all of their bipolar medication?

To participate, individuals must:

1. Have type I or type II bipolar disorder diagnosis for at least 2 years;
2. Have received treatment with at least one evidence-based medication to stabilize mood for at least six months (lithium, anticonvulsant, or antipsychotic mood stabilizer);
3. Be at least 20% or more non-adherent with current BD medication treatment (i.e. lithium, anticonvulsant, or antipsychotic mood stabilizer);

To participate, individuals may NOT:

1. Be children under the age of 18

This is a randomized, controlled trial (RCT) of the **Customized Adherence Enhancement (CAE) psychosocial intervention** (created by Martha Sajatovic MD and Jennifer Levin PhD) vs. broadly-directed, non-individualized education (EDU) in **poorly adherent individuals with bipolar disorder (BD)**. The study is primarily interested in testing whether a (CAE) intervention that addresses the specific reasons for non-adherence among high-risk patients with BD improves treatment adherence and bipolar disorder symptoms compared to EDU. CAE is intended to be a brief adjunct to standard mental health treatment. The proposed project has the potential to greatly advance the care of BD patients who are at greatest risk for poor health outcomes, with findings expected to be generalizable across a variety of treatment settings. *All individuals will continue to receive treatment as usual with their regular provider(s).*

For more information or to refer a patient contact Melanie Athey at 216-844-2825 or via email at: Melanie.Currens@UHhospitals.org

11th Annual NAMIWalks Greater Cleveland!

When: **Saturday September 7, 2013** Where: Voinovich Park, Cleveland

For more information contact:
Bridget Murphy
Special Events Coordinator
216.875.0266

bmurphy@namicleveland.org

Recovery Resources Run for Recovery -- Supporting Addiction Recovery – at Progressive Field 5K Run/1 Mile Walk

Saturday, September 28, 2013

For more information, contact Jamie Jones at: jjones@recres.org or by phone at 216.431.4131 x1126

Contact:

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DEADLINE FOR NEXT ISSUE:

Friday, August 9, 2013

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Save the Date: